Accessing and Utilizing Rehabilitation Reference Center

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In this workshop you will learn how to:

• Access evidence-based literature and high-quality resources using Rehabilitation Reference Center (RRC), an EBSCO resource comprised of a comprehensive collection of evidence based rehab information for clinicians to personalize and print at the point-of-care

• Access links to areas of interest in RRC’s “Spotlight” area, including easy access to CE modules for physical, occupational and speech therapists

• Access top up-to-date Health News

• Perform a basic topic search and an advanced search for evidence-based literature and content

• Learn how to browse RRC’s accessible tabs (including, Diseases & Conditions, Drug Information, Patient Education, Exercise Images and Practice Resources) located within RRC’s interface
RRC is located within the “Allied Health” tab located at the middle of the MCHSL main page at: library.mchs.com

- ADA Nutrition Care Manual
- CINAHL
- New: Joanna Briggs EBP Trial (Training Info)
- PEDro (Physiotherapy Evidence Database)
- ProQuest Nursing and Allied Health Source
- Rehabilitation Reference Center (Tutorial)
Rehabilitation Reference Center (RRC) is an evidence-based, point-of-care resource for physical therapists, occupational therapists, speech therapists, and rehabilitation professionals.
RRC’s “Spotlight” area, located on the homepage, contains links to areas of interest in RRC, including easy access to CE modules for physical, occupational and speech therapists.
Click a CE module link in the result list to register with CINAHL, review the module and take the test.
“Health News” provides links to relevant and current news stories via HealthDay news feeds.

Health News

About 1 in 10 Kids Tries E-Cigarettes
Chemicals in Some Flavored E-Cigs Exceed Recommended Limits: Study
Americans Get Too Many Tests Before Cataract Surgery, Study Finds
Doctors Often Ignore Parents' Concerns About Autism in Young Kids: Study
1 in 10 U.S. Teens Has Tried Hashish

More News
To perform a keyword search, enter your topic into the “Find” field and then click “Search”
RRC displays a result list of documents that contain your search term(s).

Result List items are presented on a series of tabs, sorted by source type.

If Clinical Reviews are present for the term(s) searched, then the Clinical Review tab is available.

Link directly to PDF full-text evidence-based articles.

1. **ACL Injury Risk in the Physically Active: Why are Females More Susceptible?**
   Shultz, Sandra J., Kinesiology Review 2015, Vol. 4 Issue 1, p52 (English Abstract)  
   ![PDF Full Text](548KB)

2. **Preventing ACL Injuries in Females: What Physical Educators Need to Know.**
   ![PDF Full Text](1.1MB)
To obtain more precise search results, RRC offers an Advanced Search screen. The Advanced Search screen provides the capability to select specific document types, assign limiters and indicate publication type and dates.
RRC offers several screens where you can browse for a specific document or information type. These browse screens are accessible via tabs in the RRC interface.
The “Diseases & Conditions” tab contains evidence-based clinical reviews for specific diseases, conditions, injuries, surgeries and other rehabilitation topics.

Browse by specifying a topic name OR navigate all topics via the A-Z browse list.
The “Drug Information” tab includes thousands of represented medicines and separate drug monographs for systemic, topical and EENT drug formulations, as well as information on drug interactions.
The “Patient Education” tab provides a specific location to browse for evidence-based patient handouts and many contain detailed medical illustrations.
The “Exercise Images” tab contains thousands of images which demonstrate and explain each exercise. The “Exercise Images” are excellent for assisting patients with home exercise routines and as follow-through visits.

- Activities of Daily Living
- Advanced Functional Exercises
- Amputee
- Aquatic Exercises
- Aquatic
- Assisted Exercises

LOWER EXTREMITY - 24
Knee Extension from Bridging

From sitting, walk out to bridge position. Straighten knee while keeping balance.
Repeat _____ times per set.
Do _____ sets per session. Do _____ sessions per day.
The “Practice Resources” tab allows you to browse for information by the specific resource or guidelines you require.

Key Features:
- Clinical Reviews
- Exercise Images
- Research Instruments

Practice Guidelines
- Practice Guidelines

You can browse by Clinical Reviews, Exercise Images, Research Instruments, Practice Guidelines or Featured Books.
Thank you for attending: Accessing and Utilizing Rehabilitation Reference Center workshop

If you need any further assistance please contact Your Library at: 234-5214 or visit us at: http://library.mchs.com/