Step 1: Click “Patient Info” in the top right menu bar
**Step 2:** UpToDate provides various levels of patient education materials.
Step 3: Type your new keyword search: “hypertension”
**Step 4:** Click the “Patient” circle option
Step 5: Click any of the green titled links

Patient information: Pulmonary hypertension in adults (The Basics)
**Step 6:** You can then view information in English OR Spanish.